

OSTOMY APPLIANCE CHANGE



1 Gather supplies



2 Clean hands and apply gloves*



3 Remove old ostomy appliance



4 Clean skin around stoma with warm water



5 Pat skin dry



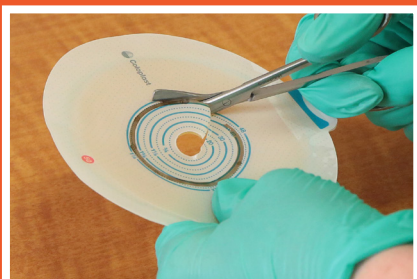
6 Remove gloves, clean hands, apply new gloves



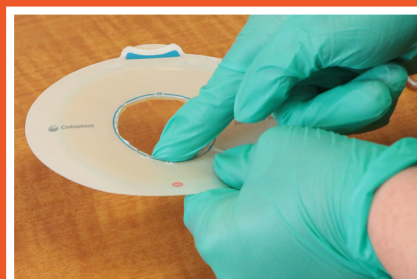
7 Measure size of stoma



8 Draw stoma outline onto flange



9 Cut along outside of black marker line



10 Smooth cut edges



11 Apply new flange and press down around stoma



12 Close ostomy bag



13 Attach ostomy bag to flange



14 Hold appliance for 5-15 minutes



15 Dispose of gloves and garbage



16 Clean hands

* If you are a patient you do not need to wear gloves. Ensure that you wash your hands well once you have completed your appliance change.