

Signs and Symptoms

Potential complications with total contact casts

This leaflet is designed to give you advice on issues with your Total Contact Cast (TCC).

Call the clinic immediately for advice (____ - ____ - ____)
if:

- The cast is causing skin irritation or breakdown
- You feel unwell, tired, hot, shivery with flu like symptoms
- You have pain or discomfort in your foot or leg
- Your cast becomes loose, tight, stained, wet, soft, cracked or starts to smell badly
- There is anything about your cast that is worrying to you

The _____ clinic is open from:

____:00am – ____:00pm

Monday – Friday

Tel: _____

If the cast is troubling you after hours or on the weekend, please go to your local Emergency Room or Urgent Care Clinic and contact the Clinic on the next working day

Are there any other possible complications?

Another less likely complication is the development of a blood clot in the leg or the lung.

Symptoms include:

- Increased or renewed pain in the leg
- Pain in the calf rather than over the ulcer site
- Shortness of breath
- A sharp pain in the chest which is worse when you breathe in
- Coughing up blood

If you experience any of the above, please go to your local Emergency Room or call 911 if you are unable to get to the Emergency Room.

Useful sources of information:

Please ask your health care provider for more information.

For information on wounds, including a diabetic foot ulcer and diabetic foot ulcer offloading devices

visit www.swrwoundcareprogram.ca or email SWRWCP@lhins.on.ca