



South West Local Health Integration Network Ostomy and Diabetes Support Groups

County	Name, Town/City	Contact Name/E-Mail	Telephone
Bruce			
Elgin	London and District Ostomy Association, St. Thomas	Nicole Roach ostomyassociationlondon@gmail.com	519-631-3330
Grey			
Huron	Brussels Morris and Grey Diabetic Project, Brussels	Linda Walker	519-392-6847
	Maitland Valley Family Health Team's Diabetes Group Follow-Up Visit, Goderich		519-524-6060 x506
London/Middlesex	London and District Ostomy Association, London	Ashley McFarlane ostomyassociationlondon@gmail.com	519-639-7224
	Chronic Conditions and Chronic Pain Self-Management Group, London	Clara	519-600-0875 x316
	Thames Valley Family Health Team's Diabetes Self- Management Program, London		
Norfolk			
Oxford	Ingersoll Nurse Practitioner-Led Clinic's Introducing Diabetes Conversations	Shannon Hutson	519-926-6752 x506
Perth	Huron Perth Healthcare Alliance's Diabetes Support Group	Victoria Zimmer	519-272-8210 x2366
	Stratford and District Ostomy Association, Stratford	Janet Heinbuch jheinbuch@hsfx.ca	519-273-4327